

Central Area Office
51/53 Sean McDermott Street
Dublin 1
30th May 2018

To the Chairperson and Members of
The Central Area Committee.

Central Area Age Friendly Report – May 2018

The Central Area Over 55's Day was a great success. There were over 600 people at the event and I've listed some of their comments below.

'This has been wonderful. It embraces my heart. I would love to join a female barbershop chorus. It feels good to be over 55. I'm actually 80!'

'It's been a great event, enjoyable entertainment and helpful advice at all the stands.'

'Great to have been able to avail of health check by HSE and Dublin City Council staff – so approachable and professional.'

'Brilliant yoga session.'

'Myself and my husband came up from Kilkenny for this event. A big thank you and congratulations to Dublin City Council and all the other participating organisations.'

'Great stats. , very good presentation on health and wellness. Thanks'.

Vantastic Health Route

This service is now operational in North Inner City and East Wall as a pilot health route and new members are very welcome to join.

Brian O'Connell

Administrative Office

Central Area